



Eastern Local Middle School Lunch Menu NOVEMBER 2024



Director of Food and Nutrition:
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The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar May Include:
*Fruits may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber
- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Stromboli Steamed Corn Assorted Fruit Fat Free Milk
4 Western Burger on bun Potato Wedges Baked Beans Assorted Fruit Fat Free Milk	5 NO SCHOOL	6 Chicken Alfredo Steamed Peas Assorted Fruit Fat Free Milk	7 Crunchy Fish Sticks French Fries Cole Slaw Assorted Fruit Fat Free Milk	8 Nachos & Cheese Bread & Butter Veggies Sticks & Ranch Dressing Assorted Fruit Fat Free Milk
11 Sausage, Egg & Cheese Biscuit Breakfast Potatoes Assorted Juice Assorted Fruit Fat Free Milk	12 Chicken Fajita Mexican Corn Salad Refried Beans Assorted Fruit Fat Free Milk	13 Meatball Hoagie w/ Cheese Steamed Broccoli Assorted Fruit Fat Free Milk	14 Breaded Pork Chop Mashed Potatoes & gravy Green Beans Bread & Butter Assorted Fruit Fat Free Milk	15 Italian Hoagie Pasta Salad Assorted Fruit Fat Free Milk
18 Sweet & Sour Chicken w/Rice Mixed Cooked Veggies Assorted Fruit Fat Free Milk	19 Hot Ham & Cheese Pocket Steamed Corn Assorted Fruit Fat Free Milk	20 Chicken Caesar Salad Fresh Bread & Butter Assorted Fruit Fat Free milk	21 Roasted Turkey Mashed Potatoes & Gravy Green Beans Pumpkin Pie Cake Assorted Fruit Fat Free Milk	22 Chili Cheese fries Bread & Butter Assorted Fruit Fat Free Milk
25 Chicken Nuggets French Fries Cooked Carrots Assorted Fruit Fat Free Milk	26 Pasta w/ Homemade Meat Sauce Garlic Bread Assorted fruit Fat Free Milk	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Fresh Salad Barr offered daily

Included with each meal

Milk

Milk Choices Offered Daily:
1% white, non-fat white,
non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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