



Eastern Local High School Lunch Menu MAY 2025



Director of Food and Nutrition:
Kim Jeffreys
EasternLocal@ThenutritionGroup.biz

The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetable Bar May Include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Grab & Go

Lunch Price: \$3.10

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| | | | 1 Chicken Alfredo Steamed Mixed Veggies WG Garlic Bread Assorted Fruit Fat Free Milk | 2 Schoolmade Taco Pizza Steamed Corn Assorted Fruit Fat Free Milk |
| 5 Chicken Enchilada Dip w/ Tortilla Chips Bread & Butter Assorted Fruit Fat Free Milk | 6 NO SCHOOL | 7 Chicken Nuggets Buttered Noodles Cooked Carrots WG Bread & butter Assorted Fruit Fat Free Milk | 8 Pork Chop Mashed Potatoes & Gravy Green Beans WG Dinner Roll Assorted Fruit Fat Free Milk | 9 Beef Nachos & Cheese Steamed Corn WG Bread & Butter Assorted Fruit Fat Free Milk |
| 12 Bacon, Egg & Cheese Breakfast Burrito Tater Tots Assorted Juice Assorted Fruit Fat Free Milk | 13 Sweet & Sour Pot Stickers Fried Rice Steamed Broccoli Assorted Fruit Fat Free Milk | 14 Popcorn Chicken Bowl WG Bread & Butter Assorted Fruit Fat Free Milk | 15 Chicken & Gravy over Biscuit Steamed Peas Assorted Fruit Fat Free Milk | 16 Hot Dog on WG bun French Fries Baked Beans Assorted Fruit Fat Free Milk |
| 19 COOK'S CHOICE | 20 COOK'S CHOICE | 21 COOK'S CHOICE | 22 COOK'S CHOICE | 23 COOK'S CHOICE |
| 26 | 27 | 28 HAVE A HAPPY & SAFE SUMMER! | 29 | 30 |

The Deli

Craving something different?
Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Fresh Salad Bar offered daily
Included with each meal

Milk

Milk Choices Offered Daily:
1% white, non-fat white,
non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

MENUS SUBJECT TO CHANGE