



Eastern Local Middle School Lunch Menu MARCH 2025



Director of Food and Nutrition:
Kim Jeffreys
EasternLocal@ThenutritionGroup.biz

The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar May Include:
*Fruits may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber
- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

3 Chicken Nuggets Tater Tots Pasta Salad Assorted Fruit Fat Free Milk	4 General Tso Bowl Steamed Broccoli Assorted Fruit Fat Free Milk	5 Walking Taco Steamed Corn Assorted Fruit Fat Free Milk	6 Pork Chops Mashed Potatoes & gravy Green Beans Dinner Roll Assorted Fruit Fat Free Milk	7 Hot Ham & Cheese Sandwich French Fries Steamed Peas Assorted Fruit Fat Free Milk
10 Beef Nachos & Cheese Black Bean & Corn Salad Bread & Butter Assorted Fruit Fat Free Milk	11 Sweet & Sour Pot Stickers Steamed Broccoli Assorted Fruit Fat Free Milk	12 Chicken Fajitas Refried Beans Steamed Corn Bread & Butter Assorted Fruit Fat Free Milk	13 Spaghetti w/ Meat Sauce Garlic Bread Assorted Fruit Fat Free Milk	14 Philly Cheese Steak Baked Beans Cucumber Salad Assorted Fruit Fat Free Milk
17 Pancakes Sausage Patty Breakfast Potatoes Assorted Fruit Fat Free Milk	18 Chicken Nuggets Macaroni & Cheese Steamed Cauliflower Assorted Fruit Fat Free Milk	19 Meatball Hoagie French Fries Cooked Carrots Assorted Fruit Fat Free Milk	20 Salisbury Steak Mashed Potatoes & gravy Green Beans Dinner Roll Assorted Fruit Fat Free Milk	21 Chicken Quesadilla Steamed Corn Bread & Butter Assorted Fruit Fat Free Milk
24 Hot Dog on bun French Fries Baked Beans Assorted Fruit Fat free Milk	25 Popcorn Chicken Bowl Dinner Roll Assorted Fruit Fat Free Milk	26 Walking Taco Black Beans Assorted Fruit Fat Free Milk	27 Chicken Alfredo Steamed Peas Bread & Butter Assorted Fruit Fat Free Milk	28 Hot Italian Sub Steamed Mixed Veggies Assorted Fruit Fat Free Milk
31 BBQ Pulled Chicken on bun Tater Tots Cole Slaw Assorted Fruit Fat Free Milk				

The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Fresh Salad Barr offered daily

Included with each meal

Milk

Milk Choices Offered Daily:
1% white, non-fat white,
non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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