

October 2019

HIGH SCHOOL LUNCH



Monday

Did You Know?

Columbus Day is celebrated the second Monday every October.

Tuesday

Wednesday

Thursday

Friday

CHICKEN TENDERS **1**

BROCCOLI & CHEESE
DINNER ROLL
FRESH SALAD
FRUIT CUP
MILK

HOT HAM & CHEESE **2**

POTATOE
CASSEROLE
FRESH SALAD
FRUIT CUP
MILK

CHICKEN FAJITA **3**
SHREDDED LETTUCE
SALSA & CHEESE

REFRIED BEANS
FRUIT CUP
MILK

PIZZA **4**

STEAMED CORN
FRESH SALAD
FRUIT CUP
MILK

PIZZA BURGER **7**
ON BUN

BAKED FRIES
FRESH SALAD
FRUIT CUP
MILK

CHICKEN **8**
NUGGETS

MAC n CHEESE
CARROTS & DIP
FRESH SALAD
FRUIT CUP
MILK

CORN DOG **9**

BAKED BEANS
FRESH SALAD
FRUIT CUP
MILK

WALKING TACO **10**
SHREDDED LETTUCE
SALSA & CHEESE

STEAMED CORN
FRUIT CUP
MILK

CALZONE **11**

STEAMED
GREEN BEANS
FRESH SALAD
FRUIT CUP
MILK

CHEESEBURGER **14**
ON BUN

BAKED FRIES
FRESH SALAD
FRUIT CUP
MILK

CHICKEN FILET **15**
ON BUN

STEAMED BROCCOLI
FRESH SALAD
FRUIT CUP
MILK

SPAGHETTI **16**
&
MEAT SAUCE

GARLIC ROLL
GLAZED CARROTS
FRESH SALAD
FRUIT CUP
MILK

STEAK FAJITA **17**
SHREDDED LETTUCE
SALSA & CHEESE

BLACK BEANS
FIESTA RICE
FRUIT CUP
MILK

PIZZA **18**

STEAMED CORN
FRESH SALAD
FRUIT CUP
MILK

SLOPPY JO **21**
ON BUN

COLESLAW
BAKED FRIES
FRESH SALAD
FRUIT CUP
MILK

POPCORN CHICKEN **22**

MASHED POTATOES
& GRAVY
DINNER ROLL
FRESH SALAD
FRUIT CUP
MILK

CHICKEN & NOODLE **23**

STEAMED
PEAS
DINNER ROLL
FRESH SALAD
FRUIT CUP
MILK

SOFT TACO **24**
SHREDDED LETTUCE
SALSA & CHEESE

REFRIED BEANS
FRUIT CUP
MILK

PIZZA **25**

STEAMED
GREEN BEANS
FRESH SALAD
FRUIT CUP
MILK

CHEESEBURGER **28**
ON BUN

BAKED FRIES
FRESH SALAD
FRUIT CUP
MILK

CHICKEN FILET **29**
ON BUN

STEAMED
LIMA BEANS
FRESH SALAD
FRUIT CUP
MILK

SALISBURY STEAK **30**

MASHED POTATOES
& GRAVY
DINNER ROLL
FRESH
SALAD
FRUIT CUP
MILK

BURRITO **31**
CHILI & CHEESE

SPICY BEANS
FRESH SALAD
FRUIT CUP
MILK

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
EMPLOYER

MENU SUBJECT TO
CHANGE DUE TO
AVAILABILITY

LUNCH:\$3.00
REDUCED:\$40

ADDITIONAL ITEMS
OFFERED DAILY
FOR MAIN ENTRÉE
WARRIOR MEAL

FRESH ROMAINE
SALAD
&
FRESH BABY
CARROTS
OFFERED DAILY

WHOLE GRAIN
BREAD
PRODUCTS SERVED

1% CHOCOLATE &
WHITE
FAT FREE
STRAWBERRY
MILK

