



Eastern Local High School Lunch Menu January 2025



Director of Food and Nutrition:
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The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

- *Vegetable Bar May Include:**
- Broccoli Florets
 - Baby Carrots
 - Dark Leafy Greens
 - Legume Salads
 - Celery & Cucumber
- *Fruits may include:**
- Crisp Apple
 - Sliced Peaches
 - Mixed Fruit
 - Fresh Orange
 - Banana
 - Pineapple Tidbits
 - Diced Pears
 - Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$3.10

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Corn Dog on a Stick Tater Tots Carrots & celery w/Ranch Assorted Fruit Fat Free Milk	7 School-made Chili Peanut Butter Sandwich Assorted Fruit Fat Free Milk	8 Loaded Baked Potato Baked Beans Assorted Fruit Fat Free Milk	9 Salisbury Steak Mashed Potatoes & Gravy Green Beans Bread & Butter Assorted Fruit Fat Free Milk	10 Nashville Honey Hot Chicken sandwich on bun Steamed Mixed Vegetables Assorted Fruit Fat Free Milk
13 Hot Dog on bun French Fries Pasta Salad Assorted Fruit Fat Free Milk	14 School-made Ham & Bean Soup Corn Bread Assorted Fruit Fat free Milk	15 Hot Italian Hoagie Steamed Peas Assorted Fruit Fat Free Milk	16 Pork Chop Mashed Potatoes & Gravy Steamed Broccoli Bread & Butter Assorted Fruit Fat Free Milk	17 Fish Sticks Coleslaw Steamed Cauliflower Assorted fruit Fat Free Milk
20 NO SCHOOL	21 Grilled Cheese Tomato Soup Green Beans Assorted Fruit Fat Free Milk	22 Nachos w/ Queso Steamed Corn Bread & Butter Assorted Fruit Fat Free Milk	23 Chicken Alfredo Steamed Peas Assorted Fruit Fat Free Milk	24 Pizza Stromboli Cooked Carrots Assorted Fruit Fat Free Milk
27 Sausage Gravy & Biscuit Breakfast Potatoes Assorted Fruit Fat Free Milk	28 School-made Chicken Noodle Soup Bread and Butter Assorted Fruit Fat Free Milk	29 Sweet & Sour Potstickers Stir Fry Veggies Rice Fortune Cookie Assorted Fruit Fat Free Milk	30 Boneless Chicken Wings Celery Sticks & Ranch Bread & Butter Assorted Fruit Fat Free Milk	31 Hot Ham & Cheese on bun Steamed Corn Assorted Fruit Fat Free Milk

The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Fresh Salad Barr offered daily

Included with each meal

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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