



Eastern Local Middle School Lunch Menu DECEMBER 2024



Director of Food and Nutrition:
Kim Jeffreys
EasternLocal@ThenutritionGroup.biz

The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar May Include: *Fruits may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

		1	2	3
		NO SCHOOL	NO SCHOOL	NO SCHOOL
6	7	8	9	10
Corn Dog on a stick Tater Tots Carrot & Celery Sticks w/ Ranch Assorted Fruit Fat Free Milk	School-made Chili Peanut Butter Sandwich Assorted Fruit Fat Free Milk	Loaded Baked Potato Baked Beans Bread & Butter Assorted Fruit Fat Free Milk	Salisbury Steak Mashed Potatoes & Gravy Green Beans Bread & Butter Assorted Fruit Fat Free Milk	Nashville Honey Hot Chicken sandwich on bun Steamed Mixed Vegetables Assorted Fruit Fat Free Milk
13	14	15	16	17
Hot Dog on bun French Fries Pasta Salad Assorted Fruit Fat Free Milk	School-made Ham & Bean Soup Corn Bread Assorted Fruit Fat free Milk	Hot Italian Hoagie Steamed Peas Assorted Fruit Fat Free Milk	Pork Chop Mashed Potatoes & Gravy Steamed Broccoli Bread & Butter Assorted Fruit Fat Free Milk	Fish Sticks Coleslaw Steamed Cauliflower Assorted fruit Fat Free Milk
20	21	22	23	24
NO SCHOOL	Grilled Cheese Tomato Soup Green Beans Assorted Fruit Fat Free Milk	Nachos w/ Queso Steamed Corn Bread & Butter Assorted Fruit Fat Free Milk	Chicken Alfredo Steamed Peas Assorted Fruit Fat Free Milk	Pizza Stromboli Cooked Carrots Assorted Fruit Fat Free Milk
27	28	29	30	31
Sausage Gravy & Biscuit Breakfast Potatoes Assorted Fruit Fat Free Milk	School-made Chicken Noodle Soup Bread and Butter Assorted Fruit Fat Free Milk	Sweet & Sour Potstickers Stir Fry Veggies Rice Fortune Cookie Assorted Fruit	Boneless Chicken Wings Celery Sticks & Ranch Bread & Butter Assorted Fruit Fat Free Milk	Hot Ham & Cheese on bun Steamed Corn Assorted Fruit Fat Free Milk

The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Fresh Salad Barr offered daily

Included with each meal

Milk

Milk Choices Offered Daily:
1% white, non-fat white,
non-fat flavored

Proud to manage your
food service program



**Whole Grains
Available Daily**

MENUS SUBJECT TO CHANGE