

# NOVEMBER | 2022



## HIGH SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> MENU SUBJECT TO CHANGE DUE TO AVAILABILITY	<b>1</b> CHICKEN FAJITA SOFT TORTILLA LETTUCE,CHEESE,SALSA  BLACK BEANS FRESH APPLE MILK	<b>2</b> SAUSAGE PATTY  PANCAKES TATER TOTS DICED PEACHES MILK	<b>3</b> POPCORN CHICKEN  MASHED POTATOES GRAVY DINNER ROLL DICED PEARS MILK	<b>4</b> PIZZA  STEAMED GREEN BESNS ROMAINE SALAD FRUIT CHOICE MILK
<b>7</b> SPICY CHICKEN PATTY ON W/G BUN  BAKED FRIES ROMAINE SALAD FRESH ORANGE MILK	<b>8</b> NO SCHOOL	<b>9</b> CHILI W/ CRACKERS  P-NUT BUTTER SANDWICH CARROTS & DIP DICED PEACHES MILK	<b>10</b> CHICKEN NUGGETS  BAKED BEANS DINNER ROLL DICED PEARS MILK	<b>11</b> PIZZA  STEAMED GREEN BESNS ROMAINE SALAD FRUIT CHOICE MILK
<b>14</b> CHEESEBURGER ON W/G BUN  BAKED FRIES ROMAINE SALAD FRESH ORANGE MILK	<b>15</b> BAKED QUESADILLA  REFRIED BEANS SALSA FRESH APPLE MILK	<b>16</b> "THANKSGIVING MEAL" BAKED TURKEY MASHED POTATOES GRAVY DINNER ROLL DICED PEACHES MILK	<b>17</b> CHICKEN PATTY ON W/G BUN  STEAMED BROCCOLI DICED PEARS MILK	<b>18</b> PIZZA  STEAMED GREEN BESNS ROMAINE SALAD FRUIT CHOICE MILK
<b>21</b> HONEY BBQ RIB ON W/G BUN  BAKED FRIES ROMAINE SALAD FRESH ORANGE MILK	<b>22</b> PIZZA  STEAMED GREEN BESNS ROMAINE SALAD FRUIT CHOICE MILK	<b>23</b> NO SCHOOL  HAPPY	<b>24</b> NO SCHOOL  THANKSGIVING	<b>25</b> NO SCHOOL  BREAK
<b>28</b> SPICY CHICKEN PATTY ON W/G BUN  BAKED FRIES FRESH ORANGE MILK	<b>29</b> BAKED QUESADILLA  REFRIED BEANS SALSA FRESH APPLE MILK	<b>30</b> "CINCY STYLE" SPAGHETTI  STEAMED CARROTS GARLIC ROLL DICED PEACHES MILK	<b>1</b> MILK VARIETIES & WHOLE GRAINS SERVED DAILY	<b>2</b> THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

### News

### BREAKFAST

**\$1.00**

**REDUCED \$.30**

**BREAKFAST ITEMS OFFERED THIS MONTH ITEMS ARE WHOLE GRAIN**

**MUFFIN**

**CEREAL**

**BAGEL/CREAM CHEESE**

**SUPER DONUT**

**POPARTS**

**MINI CINNIE**

**CEREAL BARS**

**& MANY OTHER ITEMS**

**AVAILABLE**

### LUNCH

**\$3.00**

**REDUCED MEAL**

**\$.40**

**MILK \$.50**