



Eastern Local Middle School Lunch Menu FEBRUARY 2025



Director of Food and Nutrition:
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The Grille

One or more may be offered daily:
Pizza
Hamburger on Bun
Cheeseburger on Bun

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar May Include:
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

3	4	5	6	7
Fish Sticks Steamed Cauliflower Cole Slaw Bread & Butter Assorted Fruit Fat Free Milk	Schoolmade Ham & Bean Soup Corn Bread Assorted Fruit Fat Free Milk	Italian Hoagie Steamed Peas Assorted fruit Fat Free Milk	Pork Chop Mashed Potatoes w/gravy Green Beans Dinner Roll Assorted Fruit Fat Free Milk	Hot Dog on bun French Fries Pasta Salad Assorted Fruit Fat Free Milk
10	11	12	13	14
Meatball Hoagie on bun Tater tots Assorted Fruit Fat Free Milk	BBQ Pulled chicken on bun Baked Beans Assorted Fruit Fat Free Milk	Beef Nachos w/cheese sauce Bread & butter Steamed Carrots Assorted Fruit Fat Free Milk	Salisbury Steak w/ Mashed Potatoes & gravy Steamed Broccoli Dinner Roll Assorted Fruit Fat Free Milk	Chicken Quesadilla Refried beans Steamed Corn Assorted Fruit Fat Free Milk
17	18	19	20	21
NO SCHOOL	Schoolmade Chili Peanut Butter Sandwich Assorted Fruit Fat Free Milk	Walking Taco Mexican Corn Assorted Fruit Fat Free Milk	Popcorn chicken Bowl Dinner Roll Assorted Fruit Fat Free Milk	Boneless Chicken Wings Celery & Carrot Sticks w/ Ranch dressing Assorted Fruit Fat Free Milk
24	25	26	27	28
Chicken Parmesan Sandwich Broccoli Salad Assorted Fruit Fat Free Milk	Grilled Cheese Tomato Soup Green Beans Assorted Fruit Fat Free Milk	Biscuit & Gravy Breakfast Potatoes Assorted Fruit Fat Free Milk	Chicken Alfredo Steamed Peas Dinner Roll Assorted Fruit Fat Free Milk	Fish Sandwich French Fries Cole Slaw Assorted Fruit Fat Free Milk



The Deli

Craving something different?

Assorted Salad Sandwiches and
Wraps available instead of the hot
entrée.

The Garden

Fresh Salad Barr offered daily

Included with each meal

Milk

Milk Choices Offered Daily:

1% white, non-fat white,
non-fat flavored

Proud to manage your
food service program



Whole Grains
Available Daily

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