

# OCTOBER | 2022



## ELEMENTARY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<b>3</b> PIZZA  STEAMED GREEN BEANS FRESH ORANGE SLICES MILK	<b>4</b> EGG OMELET  MINI FRENCH TOAST TATER TOTS FRESH APPLE SLICES MILK	<b>5</b> CHICKEN STRIPS  STEAMED CARROTS DINNER ROLL DICED PEACHES MILK	<b>6</b> GRILLED CHEESE  BAKED BEANS APPLESAUCE MILK	<b>7</b> CHEESEBURGER ON W/G BUN  BAKED FRIES ROMAINE SALAD FRUIT MILK
<b>10</b> PIZZA  STEAMED CORN ROMAINE SALAD FRESH ORANGE SLICES MILK	<b>11</b> WALKING TACO TORTILLA CHIPS LETTUCE, CHEESE  REFRIED BEANS FRESH APPLE SLICES MILK	<b>12</b> CHICKEN NUGGETS  STEAMED CARROTS DINNER ROLL DICED PEACHES MILK	<b>13</b> MAC' N CHEESE  STEAMED PEAS APPLESAUCE MILK	<b>14</b> CHICKEN PATTY ON W/G BUN  BAKED FRIES FRUIT MILK
<b>17</b> PIZZA  STEAMED GREEN BEANS ROMAINE SALAD FRESH ORANGE SLICES MILK	<b>18</b> HOT DOG ON BUN  BAKED BEANS FRUIT MILK	<b>19</b> POPCORN CHICKEN  MASHED POTATOES GRAVY DINNER ROLL DICED PEACHES MILK	<b>20</b> SPAGHETTI W/ MEAT SAUCE  FRESH CARROTS & DIP GARLIC ROLL APPLESAUCE MILK	<b>21</b> BREADED MOZZARELLA CHEESE STICKS  BAKED FRIES FRUIT MILK
<b>24</b> PIZZA  STEAMED CORN ROMAINE SALAD DICED PEARS MILK	<b>25</b> EGG & CHEESE OMELET  MINI FRENCH TOAST TATER TOTS FRESH APPLE SLICES MILK	<b>26</b> CHICKEN STRIPS  STEAMED CARROTS DINNER ROLL DICED PEACHES MILK	<b>27</b> GRILLED CHEESE  BAKED BEANS APPLESAUCE MILK	<b>28</b> CHEESEBURGER ON W/G BUN  BAKED FRIES FRUIT MILK
<b>31</b> PIZZA  STEAMED GREEN BEANS ROMAINE SALAD FRESH ORANGE SLICES MILK	<b>1</b>	<b>2</b> MILK VARIETIES & WHOLE GRAINS SERVED DAILY	<b>3</b> MENU SUBJECT TO CHANGE DUE TO PRODUCTS AVAILABLE	<b>4</b> THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

### News

### BREAKFAST

### IS FREE

### STUDENT MUST

### CHOOSE 3 ITEMS FOR A COMPLETE MEAL

### BREAKFAST ITEMS

### OFFERED THIS MONTH

### ITEMS ARE WHOLE

### GRAIN

### CEREAL DAILY OR

### POPARTS

### CEREAL BAR

### APPLE STRUDEL

### MINI CINNIE

### YOGURT

### MUFFIN

### SUPER DONUT

### & OTHER AVAILABLE

### ITEMS

### LUNCH PRICE

**\$2.65**

**REDUCED \$.40**

**EXTRA MILK \$.50**