



Eastern Local Middle School Lunch Menu December 2023



Director of Food and Nutrition:
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The Grille

One or more may be offered daily:
Hamburger on Bun
Cheeseburger on Bun
Chicken Patty on Bun

Accompaniments

***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetable Bar May Include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Grab & Go

Coming Soon!!

Lunch Prices: Paid \$2.95

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pepperoni Pizza Steamed Corn Garden Salad Assorted Fruit Fat Free Milk
4 Grilled Cheese Tomato Soup Steamed Broccoli Assorted Fruit Fat Free Milk	5 Walking Taco w/Lettuce, tomato & Cheese Black Bean Salsa Assorted Fruit Fat Free Milk	6 Lasagna Roll up Garlic Toast Green Beans Assorted Fruit Fat Free Milk	7 Salisbury Steak Mashed Potatoes & Gravy Cooked Carrots Assorted Fruit Fat Free Milk	8 Cheese Pizza Peas Garden Salad Assorted Fruit Fat Free Milk
11 Sweet & Sour Chicken Over Rice Vegetable Egg Roll Assorted Fruit Fat Free Milk	12 Chicken Alfredo Chick Pea Salad Assorted Fruit Fat Free Milk	13 Fish Sticks Coleslaw Baked Beans Assorted Fruit Fat Free Milk	14 Roasted Turkey Mashed Potatoes & Gravy Steamed Corn Dinner Roll Assorted Fruit Fat Free Milk	15 Pepperoni Pizza Lima Beans Garden Salad Assorted Fruit Fat Free Milk
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 MERRY CHRISTMAN	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHHOL	29 NO SCHOOL

The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

The Garden

Watch for exciting updates and additions!

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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