



# Eastern Local Middle School Lunch Menu DECEMBER 2024



Director of Food and Nutrition:  
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## The Grille

One or more may be offered daily:  
Pizza  
Hamburger on Bun  
Cheeseburger on Bun

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

- \*Vegetable Bar May Include:
- Broccoli Florets
  - Baby Carrots
  - Dark Leafy Greens
  - Legume Salads
  - Celery & Cucumber
- \*Fruits may include:
- Crisp Apple
  - Sliced Peaches
  - Mixed Fruit
  - Fresh Orange
  - Banana
  - Pineapple Tidbits
  - Diced Pears
  - Applesauce

## Grab & Go

### Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**

2 Chicken Quesadilla Steamed Corn Bread & Butter Assorted Fruit Fat Free Milk	3 Salisbury Steak Mashed Potatoes & gravy Bread & Butter Green Beans Assorted Fruit Fat Free Milk	4 Hot Dog on bun French Fries Cole Slaw Assorted Fruit Fat Free Milk	5 Chicken Alfredo Steamed Peas Assorted Fruit Fat Free Milk	6 Fish Sandwich on bun Tater Tots Steamed Cauliflower Assorted Fruit Fat Free Milk
9 Western Burger Potato wedges Baked Beans Assorted Fruit Fat Free Milk	10 General Tso Chicken Bowl Bread & Butter Assorted Fruit Fat Free Milk	11 Walking Taco Black Beans Assorted Fruit Fat Free Milk	12 Pork Chop Mashed Potatoes & gravy Applesauce Bread & Butter Fat Free Milk	13 Meatball hoagie French Fries Assorted Fruit Fat Free Milk
16 Chicken Nuggets Tater Tots Green Beans Assorted Fruit Fat Free Milk	17 Pancakes Sausage Biscuit & jelly Assorted Fruit Fat Free Milk	18 Nachos & Queso dip Refries Beans Bread & Butter Assorted Fruit Fat Free Milk	19 Baked Ham Scalloped Potatoes Steamed Broccoli Dinner Roll Sugar Cookie Assorted Fruit Fat Free Milk	20 SACK LUNCH  COOKS CHOICE
23 NO SCHOOL;	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			

## The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

## The Garden

Fresh Salad Barr offered daily

Included with each meal

## Milk

Milk Choices Offered Daily:  
1% white, non-fat white,  
non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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