



# Eastern Local Middle School Lunch Menu AUGUST 2024



Director of Food and Nutrition:  
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## The Grille

One or more may be offered daily:  
Pizza  
Cheeseburger on Bun  
Chicken Patty on Bun

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

- \*Vegetable Bar May Include:**
- Broccoli Florets
  - Baby Carrots
  - Dark Leafy Greens
  - Legume Salads
  - Celery & Cucumber
- \*Fruits may include:**
- Crisp Apple
  - Sliced Peaches
  - Mixed Fruit
  - Fresh Orange
  - Banana
  - Pineapple Tidbits
  - Diced Pears
  - Applesauce

## Grab & Go

### Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14 Chicken Nuggets Mashed Potatoes w/ gravy Green Beans Assorted Fruit Fat Free Milk	15 Hot Dog on Bun French Fries Steamed Peas Assorted Fruit Fat Free Milk	16 Ham & Cheese Stromboli Corn Assorted Fruit Fat Free Milk
19 Western Burger Baked Beans Tater Tots Assorted Fruit Fat Free Milk	20 Chicken Salad Wrap Steamed Carrots Assorted Fruit Fat Free Milk	21 Walking Tacos Mexican Corn salad Assorted Fruit Fat Free Milk	22 Breaded Pork Chop Mashed Potatoes w/gravy Green Beans Assorted Fruit Fat Free Milk	23 Italian Hoagie Steamed Broccoli Assorted Fruit Fat Free Milk
26 Sausage Egg & Cheese on Biscuit Tater Tots Assorted Fruit Fat Free Milk	27 Beef & Broccoli Bowl Bread & Butter Assorted Fruit Fat Free Milk	28 Nashville Honey Hot Chicken Sandwich Pasta Salad Assorted Fruit Fat Free Milk	29 Chicken Quesadilla Black Bean & Corn Salsa Assorted Fruit Fat Free Milk	30 Pasta w/ Homemade Meat Sauce Garlic Bread Assorted Fruit Fat Free Milk

## The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

## The Garden

Now offering a

Fresh salad Bar

DAILY!

## Milk

**Milk Choices Offered Daily:**  
1% white, non-fat white, non-fat flavored

Proud to manage your food service program



Whole Grains Available Daily

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