

- 2023 -

SEPTEMBER

FRIDAY

Eastern High School

❖ **Breakfast: \$1.00**

Breakfast Items:

- Muffins
- PBJ
- Mini Cinnie
- Cereal
- Poptarts
- Bagel

4 Meal Components Offered

-Student MUST choose 3 for a complete breakfast.

❖ **Lunch: \$3.00**

Free/Reduced Meals No Charge

5 Meal Components Offered

-Student MUST choose 3 with one being a fruit or vegetable.

****MENU SUBJECT TO CHANGE DUE TO AVAILABILITY****

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4 NO SCHOOL	5 CHICKEN FAJITA (MEAT, CHEESE, SALSA, LETTUCE, WRAP) BLACK BEANS FRUIT MILK	6 SAUSAGE LINKS HASHBROWN BISCUIT FRESH CARROTS FRUIT MILK	7 CHICKEN STRIPS STEAMED BROCCOLI ROMAINE SALAD DINNER ROLL FRUIT MILK	8 PIZZA STEAMED GREEN BEANS ROMAINE SALAD FRUIT MILK
11 CHEESEBURGER ON BUN BAKED FRIES ROMAINE SALAD FRUIT MILK	12 BURRITO W/ CHILI AND CHEESE SPICY BEANS ROMAINE SALAD FRUIT MILK	13 SALISBURY STEAK MASHED POTATOES GRAVY DINNER ROLL ROMAINE SALAD FRUIT & MILK	14 SPICY CHICKEN SANDWICH STEAMED PEAS ROMAINE SALAD FRUIT MILK	15 PIZZA STEAMED CORN ROMAINE SALAD FRUIT MILK
18 CHEESE CONEY ON BUN BAKED FRIES ROMAINE SALAD FRUIT MILK	19 WALKING TACO (MEAT, CHEESE, LETTUCE, CHIPS) REFRIED BEANS FRUIT MILK	20 HAM AND CHEESE SANDWICH GLAZED CARROTS ROMAINE SALAD FRUIT MILK	21 CHICKEN NUGGETS STEAMED MIXED VEGGIES ROMAINE SALAD FRUIT MILK	22 PIZZA STEAMED GREEN BEANS ROMAINE SALAD FRUIT MILK
25 NO SCHOOL FAIR BREAK	26 NO SCHOOL FAIR BREAK	27 NO SCHOOL FAIR BREAK	28 NO SCHOOL FAIR BREAK	29 NO SCHOOL FAIR BREAK